

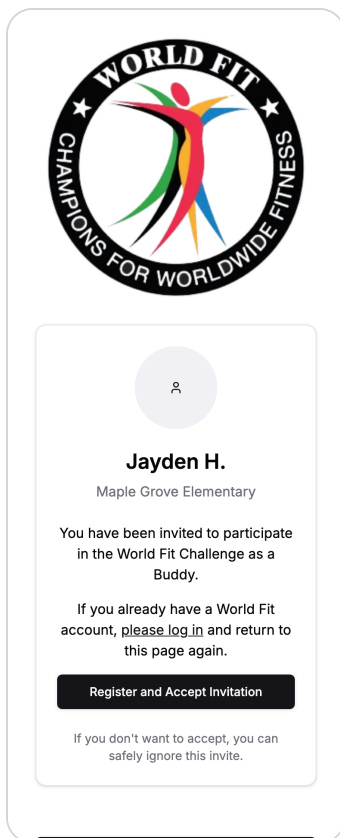


World Fit buddy guide

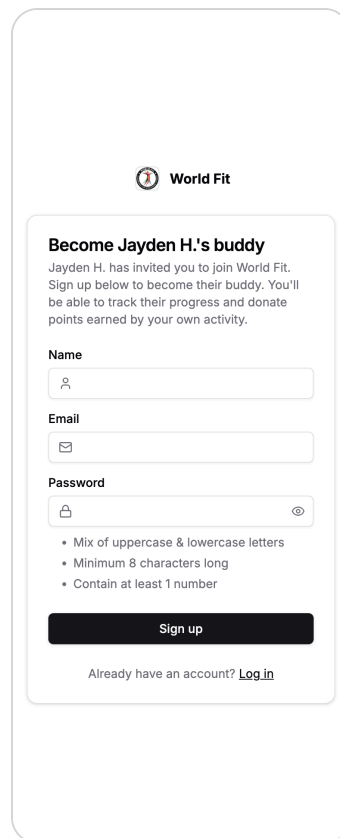
A buddy is a parent, grandparent, older sibling or friend who moves alongside one student in the World Fit Games. Log your own walks, bike rides and games. Half of your points are donated to your student, so every minute you move helps their team.

Join as a buddy

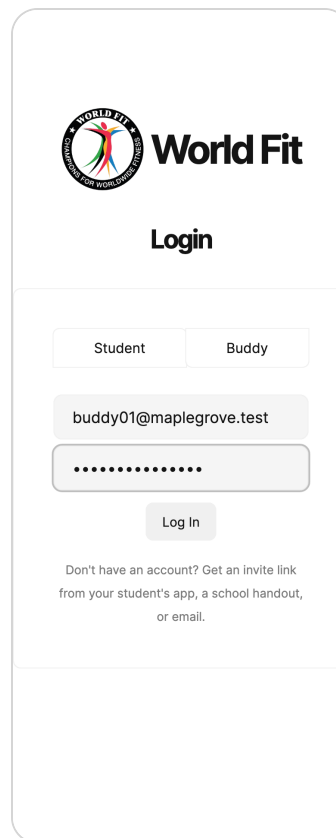
- 1 Get an invitation from your student: they show you a QR code or send a link from their app. A school flyer works too: scan its QR code and enter your student's ID.
- 2 The invitation names your student and school. Tap **Register and Accept Invitation**.
- 3 Enter your name, email and a password, then tap **Sign up**.
- 4 Open the **World Fit Games** app, or app.worldfitactivities.org. Tap the **Buddy** tab, enter your email and password, and tap **Log In**.



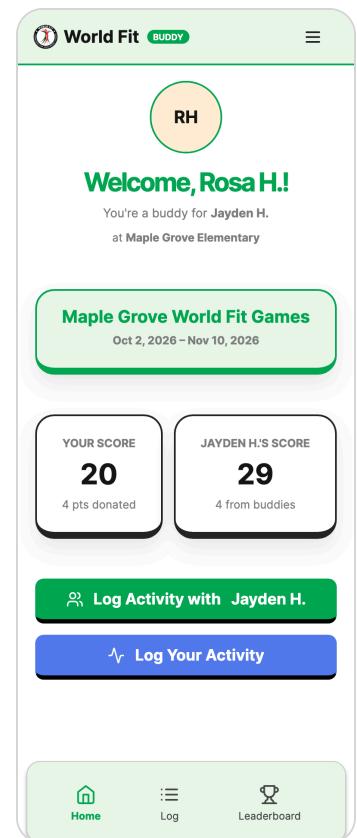
2 Jayden's invitation.



3 Create your buddy account.



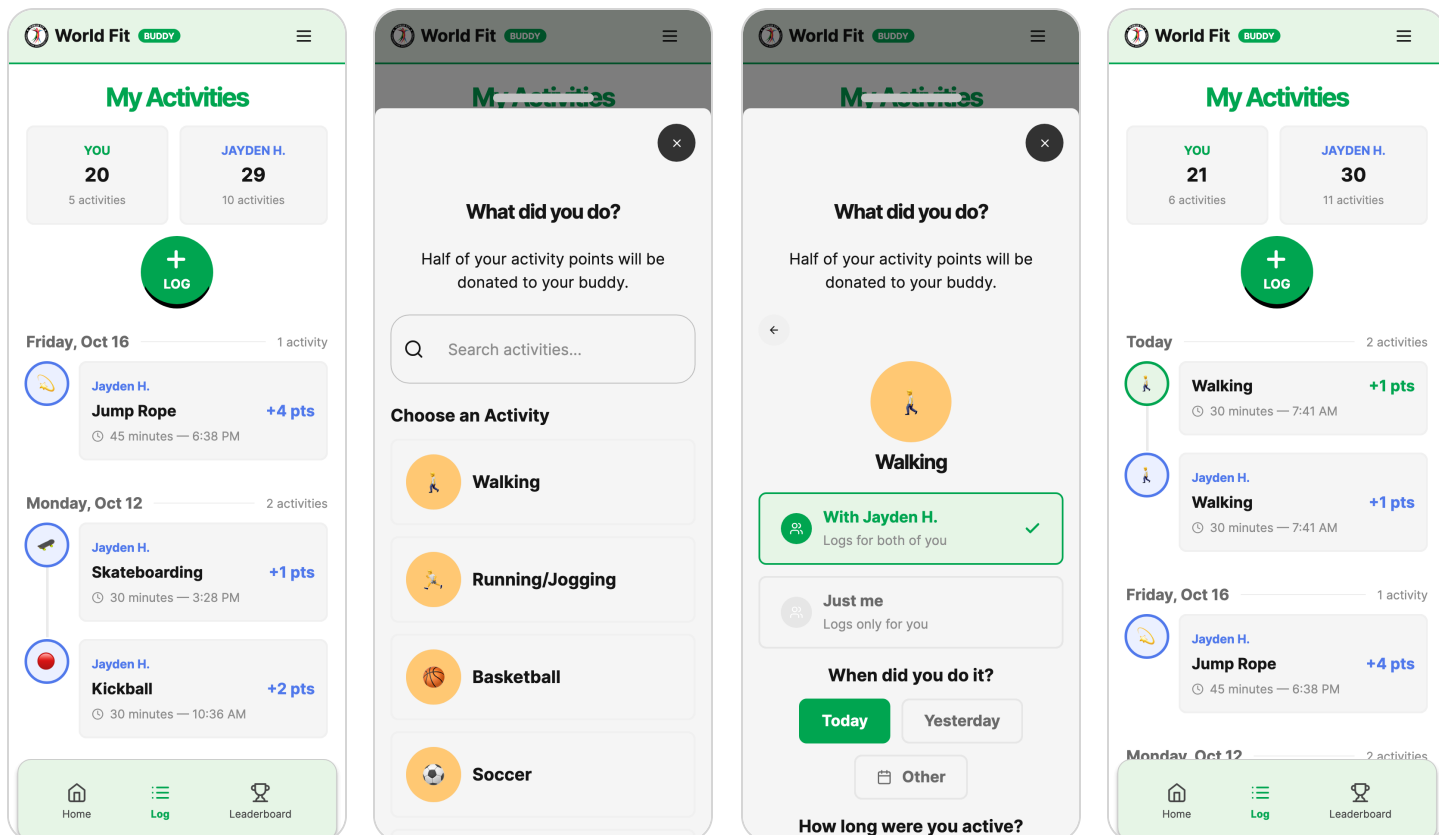
4 The Buddy tab in the app.



Home: your score, your student's score, and the points you donated.

Log an activity

- 1 On Home, tap **Log Activity with** your student, or **Log Your Activity**. Both open My Activities.
- 2 Tap **LOG** and pick what you did.
- 3 Choose **With** your student to log it for both of you, or **Just me**.
- 4 Choose the day, drag the slider to how long, and tap the log button at the bottom (**LOG TOGETHER!** when logging with your student).



1 My Activities: your points and your student's, and the LOG button.

2 Pick an activity. Half of your points go to your student.

3 With Jayden H., or Just me.

4 Logged together: today's walk shows for both of you.

What a teacher may check

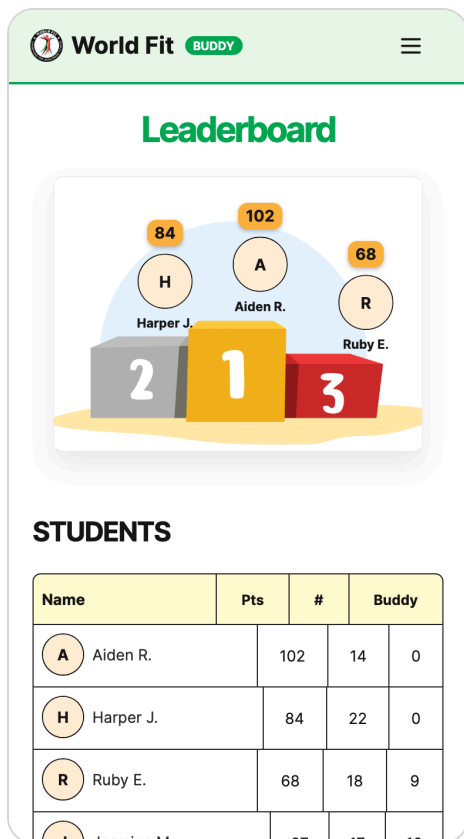
A buddy entry over 3 hours, or a second entry on the same day, goes to a teacher for a quick look. Approved entries count in full.

Logging together

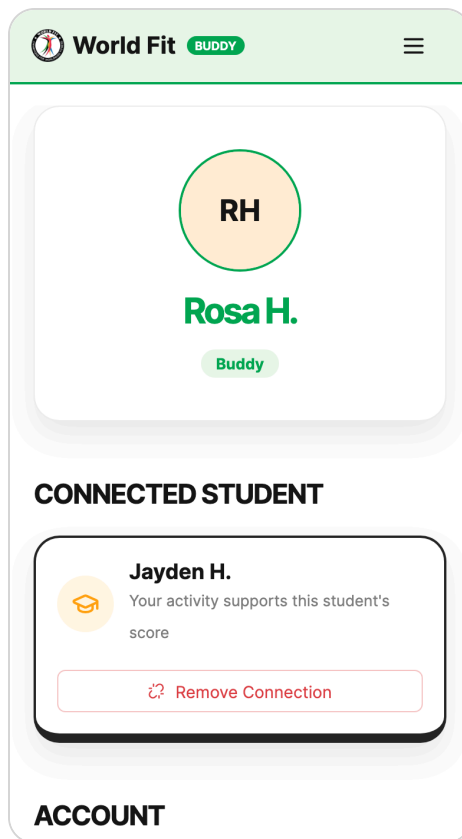
"With" adds the activity to your log and to your student's. You both earn points for it.

Around the app

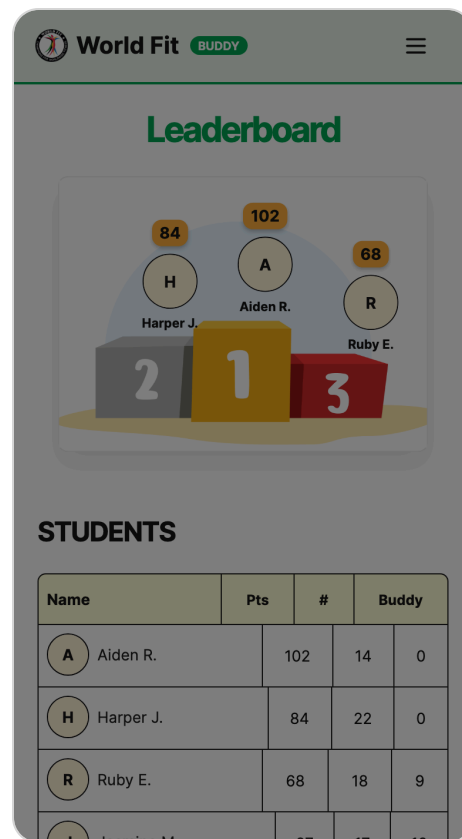
The bar at the bottom goes to Home, Log and Leaderboard. The menu (three lines, top right) adds Profile and Logout.



Leaderboard. The school's standings. The Buddy column shows the points buddies gave each student.



Profile. Your connected student, Remove Connection, and Log Out.



Menu. Profile and Logout, from the three lines at the top right.

Paired with the wrong student?

Profile has **Remove Connection**. Ask your student's teacher for help pairing again.

Try it on the demo school

Buddy tab, `buddy01@maplegrove.test` with `MapleGrove2026!`. You are Rosa H., buddy of Jayden H. The school resets before each demo.