



World Fit dashboard guide

The dashboard at worldfitactivities.org is where teachers, coaches and principals run a World Fit Games game: see the live standings, look after students, teams and buddies, and review activity that looks suspicious. This guide walks through each screen using the Maple Grove Elementary demo school.

Who sees what

ROLE	DEMO LOGIN	WHAT THEY CAN DO
Principal (school admin)	principal@maplegrove.test	Everything below, plus staff invitations and school settings.
PE coach (coordinator)	bell@maplegrove.test	Everything in the game: all students, teams, buddies and both review queues.
Teacher (team leader)	nguyen@maplegrove.test and the four other room teachers	The same screens, with their own team's students listed first in the review queues.

Password for every account: [MapleGrove2026!](#)

The sidebar

- **Games:** the live game, standings and the suspect-entry summary.
- **Students, Buddies, Teams:** the people in the game.
- **Members:** the staff who run it.
- **Login Activity:** who signed in, and failed attempts.
- **Settings:** your profile, security, notifications, the school.
- **Review:** Student Activity and Buddy Activity queues. The badge is the number of entries waiting.
- **Resources:** the activity list and printable handouts.

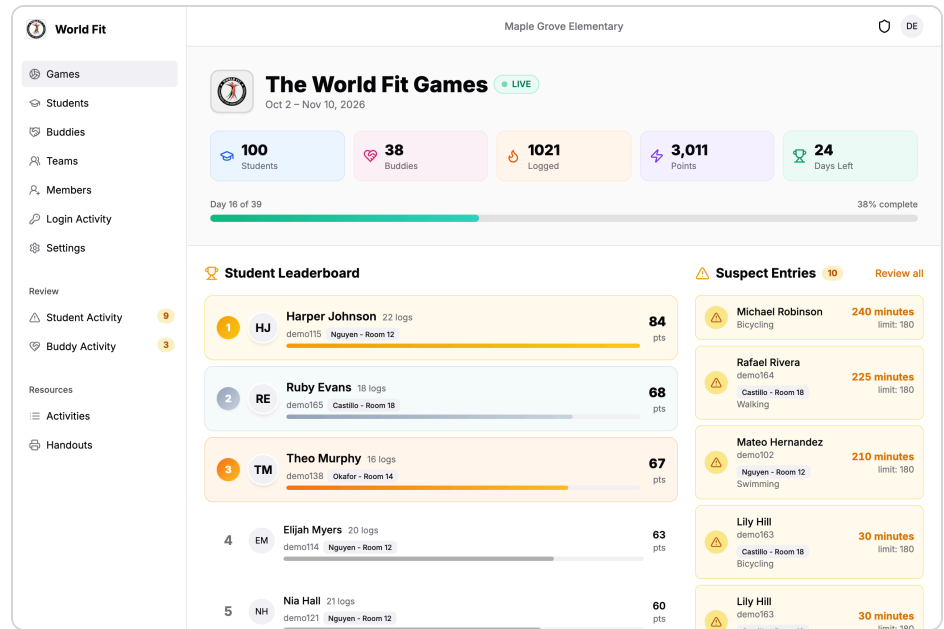
The game page is the home screen after login. The sidebar is the same on every screen.

GAMES

The live game

One glance tells you how the game is going.

- **Header:** students and buddies enrolled, activities logged, points so far, days left, and a progress bar for the game window.
- **Student Leaderboard:** top students with their ID, team, number of logs and points.
- **Suspect Entries:** the newest flagged logs, with the minutes logged against the limit. **Review all** opens the queue.



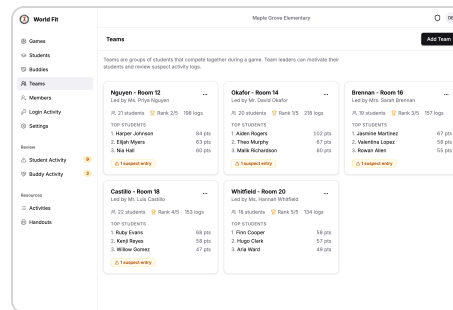
Day 16 of the Maple Grove game: 100 students, 38 buddies, about a thousand logs.

TEAMS

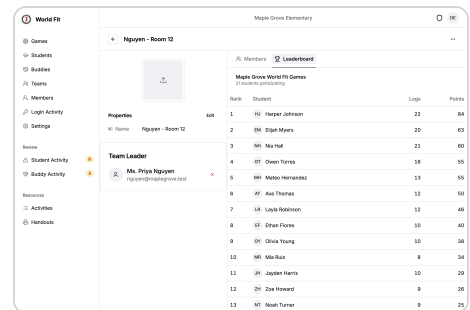
Teams

Teams are groups of students that compete together. Each has a team leader (a teacher) who can motivate students and review their flagged logs.

- One card per team with its leader. **Add Team** creates another.
- Open a team for its **Properties** (name, leader, Edit), a **Members** tab listing its students, and a **Leaderboard** tab ranking them by points.



Five rooms, each led by its classroom teacher.



A team's Leaderboard tab: rank, logs and points.

STUDENTS

The student list

- Search by name; filter by role, status and tags.
- Columns show each student's team and **Unique ID**, which is also their app login.
- **Add participant** adds one student; **Import Participants** loads a spreadsheet.
- Click a row to open the student.

	Name	First Name	Last Name	Teams	Unique ID	Tags
☐	Adeline G.	Adeline	Gutierrez	Castillo - Room 18	demo167	...
☐	Amina D.	Amina	Davis	Castillo - Room 18	demo173	...
☐	Aria W.	Aria	Ward	Whitfield - Room 20	demo183	...
☐	Asher A.	Asher	Adams	Whitfield - Room 20	demo192	...
☐	Beckett P.	Beckett	Parker	Whitfield - Room 20	demo194	...
☐	Brooklyn P.	Brooklyn	Perez	Castillo - Room 18	demo175	...
☐	Clara P.	Clara	Price	Whitfield - Room 20	demo199	...
☐	Cole B.	Cole	Bennett	Whitfield - Room 20	demo184	...
☐	Daniela C.	Daniela	Castro	Whitfield - Room 20	demo185	...
☐	Darius R.	Darius	Ramos	Brennan - Room 16	demo154	...
☐	Dominic B.	Dominic	Baker	Castillo - Room 18	demo178	...

All 100 Maple Grove students. The ID column is what students type into the app.

STUDENTS

A student's page

- **Info:** name and Unique ID, with **Edit**.
- **Login Code:** a QR code the student can scan to log in without typing.
- **Activity** tab: every log by day with its points. **Profile** and **Community** tabs hold the rest.
- The menu at the top right (three dots) holds the less common actions.

Adeline G.

Info

Name: Adeline G.
First Name: Adeline
Last Name: Gutierrez
Unique ID: demo167

Login Code for Adeline G.
Scan this QR code to log in

Activity

5 activities — 12 points

Thursday, Oct 15 1 activity

- Tag/Playground Games** +2 pts
30 min — 10:38 AM

Wednesday, Oct 14 1 activity

- Soccer** +3 pts
45 min — 6:12 PM

Tuesday, Oct 13 1 activity

- Soccer** +3 pts
45 min — 5:46 PM

Monday, Oct 12 1 activity

- Volleyball** +2 pts
30 min — 4:03 PM

Thursday, Oct 8 1 activity

Adeline G. (demo167): five activities, 12 points, and her login QR code.

BUDDIES

Buddies

A buddy is a family member or friend who logs activity alongside a student. Half of a buddy's points are gifted to their student.

- The list shows each buddy, their student, email and phone.
- Click a row for the buddy's page, laid out like a student's.
- **Handouts** jumps to the printable invite flyers students take home.

World Fit

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Buddies

Status

Current

Tags

Search by name or email...

Name	Student	Email	Phone	Teams
Alicia R.	Rafael R.	buddy29@maplegrove.test		No teams
Angela T.	Owen T.	buddy09@maplegrove.test		No teams
Anthony M.	Theo M.	buddy16@maplegrove.test		No teams
Brenda T.	Wyatt T.	buddy27@maplegrove.test		No teams
Brian J.	Hazel J.	buddy18@maplegrove.test		No teams
Carlos W.	Priya W.	buddy12@maplegrove.test		No teams
Daniel G.	Lellani G.	buddy22@maplegrove.test		No teams
David C.	Camila C.	buddy10@maplegrove.test		No teams
Denise S.	Ella S.	buddy11@maplegrove.test		No teams
Eric M.	Ivy M.	buddy24@maplegrove.test		No teams
Gloria R.	Omar R.	buddy15@maplegrove.test		No teams

38 buddies, each paired with one student.

MEMBERS

Members (staff)

- The staff who run the game at your school, with their roles.
- Invite a colleague by email; they get a link to set a password.
- Coordinators and admins have full access. Members (team leaders) lead teams.

World Fit	Maple Grove Elementary	
	Members	
Games Students Buddies Teams Members Login Activity Settings Review Student Activity Buddy Activity Resources Activities Handouts	Team Manage and invite the staff members that will run the events at your organization. Coordinators, like you, have full access to the events and can manage all aspects of the event. Members can be team leaders and log activities for participants. Filter by name or email Invite member DE Dr. Elena Vasquez principal@maplegrove.test Admin CM Coach Marcus Bell bell@maplegrove.test Coordinator MP Ms. Priya Nguyen nguyen@maplegrove.test Member	
	Invitations Manage invitations of users who haven't accepted yet. Filter by email Pending Revoked No pending invitation found.	

The seven Maple Grove staff accounts.

REVIEW

Student Activity queue

Logs the app flagged for a second look. The "?" next to the title explains the rules.

- **Over threshold:** a single entry longer than the 3-hour limit.
- **Nx same day:** a student logged more than three times in one day; every log from that day is listed.
- Each row shows the activity, time logged, points, threshold and date.
- **Actions:** red X rejects the entry, green check approves it, the shield marks the student as trusted so their busy days stop being flagged.
- Team leaders see their own students first.

Review Suspect Student Activities									
9 entries to review									
Student	Activity	Flag	Logged	Points	Threshold	Date	Actions		
Rafael Rivera demo164 Castillo - Room 18	Walking	Over threshold	3hr 45min	8	3hr	Oct 16, 6:22 PM	X	✓	🛡️
Mateo Hernandez demo102 Nguyen - Room 12	Swimming	Over threshold	3hr 30min	18	3hr	Oct 16, 5:33 PM	X	✓	🛡️
Lily Hill demo163 Castillo - Room 18	Bicycling	5x same day	30min	2	3hr	Oct 16, 6:07 PM	X	✓	🛡️
Lily Hill demo163 Castillo - Room 18	Bicycling	5x same day	30min	2	3hr	Oct 16, 5:48 PM	X	✓	🛡️
Lily Hill demo163 Castillo - Room 18	Basketball	5x same day	45min	3	3hr	Oct 16, 5:47 PM	X	✓	🛡️
Lily Hill demo163 Castillo - Room 18	Soccer	5x same day	1hr	4	3hr	Oct 16, 4:09 PM	X	✓	🛡️
Lily Hill demo163 Castillo - Room 18	Walking	5x same day	30min	1	3hr	Oct 16, 3:36 PM	X	✓	🛡️
Jasmine Martinez demo158	Swimming	Over	3hr	10	3hr	Oct 15,	X	✓	🛡️

Nine entries waiting: two over the limit, and one student's busy field day.

REVIEW

Buddy Activity queue

- The same idea for buddies: entries over the limit, and days with more than one log.
- Rows show the buddy and their student, so you know whose score is affected.
- Actions match the student queue, plus a fourth icon that blocks a buddy from logging.
- Rejecting removes the entry from the queue. The points fix for rejected entries ships with the next release.

Review Suspect Buddy Activities									
3 entries to review									
Buddy	Student	Activity	Flag	Logged	Points	Date	Actions		
Michael R.	Layla R.	Bicycling	Over threshold	4hr / 3hr	12	Oct 16, 6:47 PM	X	✓	🛡️
Miguel Y.	Olivia Y.	Running/Jogging	2x same day	30min	3	Oct 16, 4:47 PM	X	✓	🛡️
Miguel Y.	Olivia Y.	Walking	2x same day	30min	1	Oct 16, 9:03 AM	X	✓	🛡️

Three buddy entries waiting, one of them a 4-hour bike ride.

LOGIN ACTIVITY

Login Activity

- Attempts and failures in the last 24 hours, and the total.
- Each attempt: when, type (student, buddy, staff), outcome, what was entered, the matched account, and the IP address.
- Useful when a family says they "can't get in".

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Login Activity

2 attempts in last 24h0 failures in last 24h43 total

When	Type	Outcome	Entered	Matched account	IP
1 minute ago	Buddy	Success	buddy01@maplegrove.test	Rosa H. buddy01@maplegrove.test	174.57.119.200
5 minutes ago	Buddy	Success	buddy01@maplegrove.test	Rosa H. buddy01@maplegrove.test	174.57.119.200
8 days ago	Buddy	Unknown code/email	950831@hbcusd.us + password (hashed)	no match	104.249.95.62
about 1 month ago	Buddy	Unknown code/email	600830@hbcusd.us + password (hashed)	no match	172.117.119.112
5 months ago	Buddy	Unknown code/email	sean.goda@gmail.com + password (hashed)	no match	98.153.61.94
5 months ago	Buddy	Unknown code/email	sean.goda@gmail.com + password (hashed)	no match	98.153.61.94
5 months ago	Buddy	Unknown code/email	egcrapenhof@icloud.com + password (hashed)	no match	172.58.116.32
5 months ago	Buddy	Unknown code/email	egcrapenhof@icloud.com + password (hashed)	no match	172.58.116.32
6 months ago	Buddy	Unknown code/email	davidjervind@gmail.com + password (hashed)	no match	:1:1
6 months ago	Buddy	Unknown code/email	lesley_print@yahoo.com + password (hashed)	no match	76.32.76.30
6 months ago	Buddy	Unknown code/email	701072@hbcusd.us + password (hashed)	no match	76.176.227.76
6 months ago	Buddy	Unknown code/email	701072@hbcusd.us + password (hashed)	no match	76.176.227.76
6 months ago	Buddy	Unknown code/email	701072@hbcusd.us + password (hashed)	no match	76.176.227.76
6 months ago	Buddy	Unknown code/email	701072@hbcusd.us + password (hashed)	no match	76.176.227.76

Recent logins at Maple Grove, including the demo accounts used for this guide.

SETTINGS

Settings

- Profile:** your name and the email you log in with.
- Security:** password and sessions.
- Notifications:** what you get emailed about.
- Organization:** the school's details.

World Fit		Maple Grove Elementary	
		Settings	
		Profile	
		Personal details	
		Set your name and contact information, the email address entered here is used for your login access.	
		DE Name* Dr. Elena Vasquez Phone (123) 456-7890 Email principal@maplegrove.test Change Save	
		Preferences	
		Change your preferred language and theme. Language This is the language that will be used in the application. English (United States)	

Settings opens on your profile.

RESOURCES

Activities

- The list of activities students and buddies can log, from walking to team sports.
- Every sport counts. Points come from minutes of activity.

World Fit Games Activities

The World Fit Games inspires students to explore physical activity through the spirit of the Olympics. Every sport counts — from walking at recess to swimming after school. Encourage your students to try something new each week and celebrate every effort.

Try Something New
Challenge students to log a different activity each week. Variety keeps things exciting and exposes them to sports they might not have tried before.

Every Minute Counts
Students log time in minutes. A 10-minute walk at recess counts just as much as an hour of basketball practice. The goal is to get moving!

Olympic Spirit
All Olympic sports are represented — Summer, Winter, and LA 2028 additions. Use this as an opportunity to teach students about sports from around the world.

Featured Activities 53

These are the activities students are most likely to do. They appear first when students log their time.

Walking Walk, hike, or march	up to 240 min	Running/Jogging Run, jog, or sprint	up to 240 min	Basketball Shoot hoops or play a game	up to 240 min
Soccer Play soccer or practice drills	up to 240 min	Dance/Breakdancing Dance, breakdance, cheer, or Zumba	up to 240 min	Jump Rope Jump rope or double dutch	up to 240 min
Kickball Play kickball or four square	up to 240 min	Dodgeball Play dodgeball	up to 240 min	Tag/Playground Games Tag, capture the flag, or other playground games	up to 240 min
Volleyball		Baseball/Softball			

The World Fit Games activity list.

RESOURCES

Handouts

- Printable PDFs for students, families and buddies, in English and Spanish.
- Buddy invite flyers carry the link a family member uses to join a student.
- Click a language to open the PDF.

Handouts

Print these handouts and share with students, families, and buddies. All handouts are available in English and Spanish. Click a language to open the PDF.

Buddy Invite Flyers
Give these to students so they can invite a parent, family member, or mentor to join as a World Fit Buddy. Includes a QR code unique to your school for easy sign-up.

World Fit Games Guide
A parent-friendly explainer about the World Fit Games, the benefits of logging activity across a variety of sports, and how parents can participate as active mentors. Includes your school's buddy sign-up link.

Olympic Activities Reference
View the complete list of 68 Olympic-inspired activities with descriptions and point multipliers.

World Fit Games iOS App
Share this link with students and buddies on iPhone or iPad for faster activity logging. Android coming soon.

Handouts, ready to print.

Trying it on the demo school

Everything in Maple Grove Elementary is sample data. Approve or reject entries, edit students, add a team: the school is reset to day 16 before each demo.